

## Child Development Revision Topics

### Topic 1 Family and Child

- Types of family
- Functions/responsibilities
- Roles
- Relationships
- Disability
- Support for family and child

### Topic 2: Food and Health

- Principles of a healthy diet
- Dietary aims and goals
- Special dietary needs
- Food safety

### Topic 3: Pregnancy

- Preparation for pregnancy
- Foetal development
- Ante-natal care
- Birth
- Post-natal Care

### Topic 4: Physical Development

- Stages of physical development
- Factors affecting physical development

### Topic 5: Intellectual Development

- Stages of intellectual development
- Learning Aids
- Learning through play
- Types of play
- Factors affecting learning

### Topic 6: Social Development

- Stages of social development
- Factors affecting social development
- Stages of emotional development
- Factors affecting emotional development