

Week

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------------|---|---|--|--|---|
| Main Meal | Chicken & Mushroom Pie Served with Mashed Potato Vegetables & Gravy | Chilli Con Carnie Served with Potato Wedges & Salad | Roast Pork Served with Fresh Vegetables Roast Potatoes & Gravy | Traditional Beef Lasagne Served with Garlic Bread & Salad | Hot & Spicy Chicken Wings or Breaded Fish Served with Chips & Baked Beans or Peas |
| Vegetarian Meal | Vegetable Frittata Served with Sweet Potato Wedges & Salad | Mushroom & Spinach Lasagne Served with Garlic Bread & Salad | Vegetable Quiche Served with Fresh Vegetables & Roast Potatoes | Tomato & Vegetable Pasta Bake Served With Garlic Bread & Salad | Vegetarian Sausage Roll Served with Chips & Baked Beans or Peas |
| Salad Bar Available Everyday | | | | | |
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The Filling Station

Week

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|--|--|--|--|--|
| Main Meal | Spicy Chicken Fajita Served with Roasted Spinach & Red Onion Potatoes | BBQ Pulled Pork Served on Potato Wedges with Tomato Salsa Guacamole & Cheese | Sweet & Sour Chicken Served with Rice & Prawn Crackers | Minced Beef & Onion Pie Served with Mashed Potato Vegetables & Gravy | Beef Burger in a Bun Or Breaded Fish Served with Chips & Baked Beans or Peas |
| Vegetarian Meal | Vegetarian Pizza Served with Roasted Spinach & Red Onion Potatoes | Vegetarian Bean Chilli Served with Potato Wedges Tomato Salsa Cheese & Guacamole | Vegetarian Meatballs Served with Pasta & Garlic Bread | Vegetable Pie Served with Mashed Potato Vegetables & Gravy | Spicy Bean Burger in a bun Served With Chips & Baked Beans or Peas |

Salad Bar Available Everyday

The Filling Station } Week

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------|--|---|--|---|---|
| Main Meal | Chicken Curry Served with Golden Rice & Naan Bread | Breaded Chicken Burger Served with Potato Wedges & Salad or Baked Beans | Pork Sausages With Yorkshire Pudding Vegetables Mashed Potato & Gravy | Homemade Meat Pizza Served with Garlic Bread & Salad | Southern Fried Chicken Strips Or Breaded Fish Served with Chips & Baked Beans or Peas |
| Vegetarian Meal | Vegetable Balti Served with Golden Rice & Naan Bread | Vegetable Nuggets Served with Potato Wedges & Salad or Baked Beans | Vegetarian Sausages With Yorkshire Pudding Vegetables Mashed Potato & Gravy | Macaroni Cheese Served with Garlic Bread & Salad | Falafel Burger Served with Chips & Baked Beans or Peas |

Salad Bar Available Everyday